

Port Washington Girls Track & Field Records

Event	Athlete(s)	Year	Effort
100 meter	Meghan Learned	2005	12.40
200 meter	Meghan Learned	2005	26.19
400 meter	Karin Haber	1996	57.66
800 meter	Monika Haber	1996	2:19.24
1600 meter	Abeba Sullivan	2016	5:14.66
3200 meter	Bianca Benkley	2010	11:15.18
100m HH	Emily Dieringer	2008	15.48
300m LH	Michelle Baranek	2008	46.36
Long Jump	Meghan Learned	2005	17' 11.75"
High Jump	Pam Post Kacia Klopp	1984 1990	5' 5"
Triple Jump	Julia Baranek	2008	36' 1.5"
Pole Vault	Grace Baumann	2027	9' 9"
Shot Put	Michele Godersky	1981	38' 5"
Discus	Renee Keller	2000	133'
400m Relay	Z. Miller, J. Wille, P. Keller, M. Rasmussen	2023	51.50
800m Relay	M. Learned, D. Prom, K. Wille, T. Bolz	2005	1:46.98
1600m Relay	K. Haber, J. Caro, J. Verley, M. Haber	1994	4:01.11
3200m Relay	K. Haber, M. Williams, M. Schowalter, M. Haber	1994	9:41.34
6400m Relay	A. Reichardt, E. Meyer, J. Cavanaugh, B. Stacey	2018	23:12.96
DMR	N. Thome, K. Lorge, G. Larson, K. Nault	2002	13:28
SMR	M. Learned, A. Preisler, M. Wickus, P. Greisch	2008	1:55.50
300m HH Shuttle	A. Westphal, C. Maas, A. Klement	1998	51.80
900m LH Relay	E. Dieringer, M. Baranek, J. Baranek	2008	2:29.10